

**Community Learning West – FREE courses for people living in Bristol and/or surrounding areas, aged 19 or over who have few or no formal qualifications and face significant barriers to further learning and employment. If your course is online and you are worried about getting started with online learning, please call the contact number for the course you are interested in and they will be able to help you.**

Course Title & Description	Time	Start Date & Day	No. of weeks	Contact	Delivery
<b>Employability</b>					
<b>*Level 1 Passport To Enterprise</b> Develop the skills you need for gaining employment or becoming self-employed.	9.30am to 2pm	30/10/23 Mon & Fri	3	07922 931913 <a href="mailto:admin@c-cbed.com">admin@c-cbed.com</a>	<b>CCBED</b> St Paul's Learning Centre 94 Grosvenor Road BS2 8XJ and online. The 1 <sup>st</sup> and last sessions will be in person and the other 3 will be online.
<b>City and Guilds Level 1 Health, Social Care And Children's And Young People's Settings</b> Gain the basic skills and knowledge and Language with this first stage qualification to prepare to work across the health and social care sector and gain a recognised qualification. Find out about the skills needed and get an overview of the sector (includes adults and children). Creche available.	10am to 12noon	01/11/23 Wednesdays	15	Carol Griffiths 07341882755 <a href="mailto:carol.griffiths@bristol.gov.uk">carol.griffiths@bristol.gov.uk</a>	<b>Andalusia Academy</b> St Matthias Park BS2 0BA <b>Suitable for learners with English at level E2/3 and above</b>
<b>Manual Handling</b> Training to show the importance in ensuring a safer working environment.	9.30am to 4.30pm	30/11/23 Thursday	1 day	Carol Griffiths 07341882755 <a href="mailto:carol.griffiths@bristol.gov.uk">carol.griffiths@bristol.gov.uk</a>	<b>Netham Park Pavilion</b> 128 Avonvale Rd Redfield BS5 9RX <b>Suitable for learners with English at level E3 and above</b>
<b>*Get Ready For Work</b> Develop your knowledge and skills and improve your confidence, motivation, communication skills to prepare you for employment or for a change in employment.	10am to 1pm	January 2024 Tuesdays	7	Shining Care Training 0117 9552562 <a href="mailto:info@shiningcaretraining.com">info@shiningcaretraining.com</a>	<b>Shining Care Training</b> The Old Co-op 38-42 Chelsea Road BS5 6AF

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<p><b>* Introduction To Health And Social Care</b> Find out about the skills needed and get an overview of the sector. You will also reflect on your own personal attributes and how you would best utilise these in a job role.</p>	10am to 1pm	January 2024 Thursdays	7	Shining Care Training 0117 9552562 <a href="mailto:info@shiningcaretraining.com">info@shiningcaretraining.com</a>	<b>Shining Care Training</b> The Old Co-op 38-42 Chelsea Road BS5 6AF
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<b>Confidence &amp; Aspirations, Health &amp; Wellbeing</b>					
<p><b>Christmas Gift Sewing</b> Learn the basics of using a sewing machine and sew Christmas Gifts for friends.</p>	10am to 12noon	31/10/23 Tuesdays	6	Catherine Landon 07785702454 <a href="mailto:Catherine.landon@bristol.gov.uk">Catherine.landon@bristol.gov.uk</a>	<b>Oldbury Court Childrens Centre</b> Frenchay Road BS16 2QS
<p><b>Festive Fun</b> Learn new skills and make festive gifts and decorations for friends and family.</p>	9.30am to 11.30am	03/11/23 Fridays	6	Catherine Landon 07785702454 <a href="mailto:Catherine.landon@bristol.gov.uk">Catherine.landon@bristol.gov.uk</a>	<b>St Peter's Church</b> 170 Allison Road Brislington BS4 4NZ
<p><b>Festive Fun</b> Learn new skills and make festive gifts and decorations for friends and family.</p>	12.30pm to 2.30pm	03/11/23 Fridays	6	Catherine Landon 07785702454 <a href="mailto:Catherine.landon@bristol.gov.uk">Catherine.landon@bristol.gov.uk</a>	<b>Stockwood Childrens Centre</b> Whittock Road Stockwood BS14 8DQ
<p><b>Outdoor Emergency First Aid</b> This course includes practical scenarios set outside for the opportunity to practice first aid in a different environment as well as gaining a paediatric first aid qualification.</p>	9.30am to 4.30pm	21/11/23 & 22/11/23	2 days	Carol Griffiths 07341882755 <a href="mailto:carol.griffiths@bristol.gov.uk">carol.griffiths@bristol.gov.uk</a>	<b>Netham Park Pavilion</b> 128 Avonvale Rd Redfield BS5 9RX <b>Suitable for learners with English at level E3 and above</b>
<p><b>Eat Well Save Energy</b> Learn to cook tasty dishes and how to save energy (gas &amp; electricity) when you cook. •Cook together in a small, friendly group and either eat what you cook on the day or take enough home for the family/your household •Get a FREE slow cooker and more energy saving devices</p>	10am to 12.30pm	05/01/24 Fridays	6	Carol Griffiths 07341882755 <a href="mailto:carol.griffiths@bristol.gov.uk">carol.griffiths@bristol.gov.uk</a>	<b>Ambition Laurence Weston</b> Long Cross BS11 0RX <b>For people living in Lawrence Weston</b>

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<b>*Sewing</b> Learn to make a simple garment and develop domestic sewing skills. You will work at your pace in a sensitive environment that meets your cultural and language skills.	10am to 1pm	January 2024 Wednesdays	10	0117 955 4070 <a href="mailto:khaas_bristol@yahoo.co.uk">khaas_bristol@yahoo.co.uk</a>	<b>KHAAS</b> St Werburgh's Community Centre Horley Road BS2 9TJ
<b>Eat Well Save Energy</b> Learn to cook tasty dishes and how to save energy (gas & electricity) when you cook. •Cook together in a small, friendly group and either eat what you cook on the day or take enough home for the family/your household •Get a FREE slow cooker and more energy saving devices	10am to 12.30pm	11/03/24 Mondays	6	Carol Griffiths 07341882755 <a href="mailto:carol.griffiths@bristol.gov.uk">carol.griffiths@bristol.gov.uk</a>	<b>Hope Café Lawrence Weston</b> 117-119 Long Cross BS11 0HL <b>For people living in Lawrence Weston</b>
<b>Eat Well Save Energy</b> Learn to cook tasty dishes and how to save energy (gas & electricity) when you cook. •Cook together in a small, friendly group and either eat what you cook on the day or take enough home for the family/your household •Get a FREE slow cooker and more energy saving devices	10am to 12.30pm	07/06/24 Fridays	6	Carol Griffiths 07341882755 <a href="mailto:carol.griffiths@bristol.gov.uk">carol.griffiths@bristol.gov.uk</a>	<b>Lawrence Weston Community Farm</b> Saltmarsh Drive BS11 0NJ <b>For people living in Lawrence Weston</b>
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<b>Non-Accredited Functional Skills, ESOL &amp; Language</b>					
<b>*ESOL Conversation Class</b> Designed to help learners gain confidence in everyday English including for work, school and in the community.	10.30am-12.30pm	06/11/23 Mon & Fri	6	0117 914 5472 <a href="mailto:admin@c-cbed.com">admin@c-cbed.com</a>	<b>CCBED</b> St Paul's Learning Centre 94 Grosvenor Road BS2 8XJ
<b>*ESOL Conversation Class</b> Designed to help learners gain confidence in everyday English including for work, school and in the community.	1pm-3pm	06/11/23 Mon & Weds	6	0117 914 5472 <a href="mailto:admin@c-cbed.com">admin@c-cbed.com</a>	<b>CCBED</b> St Paul's Learning Centre 94 Grosvenor Road BS2 8XJ

We welcome suggestions for new courses so please call us if you do not see a course you are looking for. Check our website [www.communitylearningwest.net](http://www.communitylearningwest.net) and our Facebook page <https://www.facebook.com/BristolCommunityLearning/>

**\* These courses are delivered on behalf of Community Learning West by our commissioned partners.**